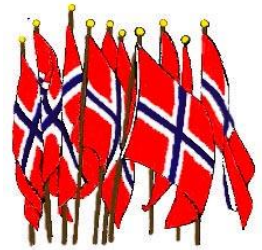




SONS OF NORWAY



The NewSance

To Annoy, Awaken and Inform

Cascade #87, Sons of Norway

Volume 50 #1

Mercer Island, WA

January/February 2018

President: Leiann Ronnestad 425-313-0193
Secretary: Judith Hullin 206-948-2882

Treasurer: Dee Hoeke 425-836-0715
Editor: Ted Fosberg 206-242-2560

Dear Lodge Members and Friends,

For me, the New Year always brings a time of reflection on the year past and a look towards the year ahead.

I usually start the New Year with a clean, fresh calendar, unmarked by scribbled notes, white-out or coffee stains. And that lasts about 30 seconds.

Without fail, the first thing that happens is the kittens run across my desk and soon the clean sheets are smudged with paw prints and such.

After drinking some strong coffee and nibbling on some chocolate (for medicinal purposes), I start entering in dates of activities and soon the pages start filling up. It is a good feeling so see our projects as I add them to the calendar. Member meetings, programs, workshops, 17th of May party, SeaFair Summer Celebration, Midsummer programs, summer picnics, Salmon Days, community outreach and holiday events! So many fun things to look forward to.

2017 was an excellent year for our lodge. We had so much wonderful member support and made lots of new friends. We also welcomed many new members to join us! Many of our events were also made even better by the delightful music of Skandia Kapell and Bjarne Jacobson. Thank you to all of you who have made 2017 such a great year!

Looking forward to a wonderful 2018 filled with joy and laughter

Wishing all of you a safe and Happy New Year!

Leiann Ronnestad, President

Susan Ogilvie Memorial Scholarship

Now is the time to apply for the Susan Ogilvie Memorial Scholarship to attend District 2 Sons of Norway Youth Camps. See attachments to this newsletter for details of the scholarship and an application form. We are proud to announce Sue's Scholarship Fund was increased by **\$1030** as a result of the recent Challenge by one of our members. Donations were received from Cascade Members and the Family. A hearty **THANK YOU** to all who contributed!

Donations to Charities

Cascade Lodge often reaches out to help others in our community by assisting local charities. Besides our donations to the food bank, in 2017, Cascade also donated more than 300 empty ink cartridges to the Kiwanis Club to help their charity.

Cascade Lodge Library

Thanks to several donations from lodge members, Cascade Lodge now has our own library. Looking forward to contributions of Scandinavian type books for the collection for members to borrow and share. Please see Obert or Marietta Ronnestad (email: ORonnestad@msn.com) for more information or bring donations to the next meeting.

HAPPY NEW YEAR!

Cascade Lodge Officers 2018

President	Leiann Ronnestad lronnestad@aol.com	425-313-0193
Vice-President	Don Post ldopost@msn.com	425-957-7692
Secretary	Judith Hullin jahski@msn.com	206-948-2882
Treasurer	Dee Hoeke deehoeko@hotmail.com	425-836-0715
Counselor	Gregory Lucas gregorylucas@lucasandlucas.net	425-454-3302
Editor	Ted Fosberg fosberg@msn.com	206-242-2560
Financial Secretary	Eloise Dickerson esausett@aol.com	425-868-8215
Cultural Director	Violet Meinzinger	206-232-4614
Foundation Director	Doris Speer	206-232-9222
Historian	Doris Speer	206-232-9222
Trustees	Lois Hummel Gudmund Berge	206-232-2669 206-232-0071
Youth Programs Director	Obert Ronnestad oronnestad@msn.com	425-392-5806
Social Directors	Doris Speer Obert Ronnestad	206-232-9222 425-392-5806
Musician	Judith Hullin jahski@msn.com	206-948-2882
Sports Director	Ted Fosberg fosberg@msn.com	206-242-2560
Scholarship Coordinator	Ted Fosberg	206-242-2560
Adopt-A-School	Ted Fosberg	206-242-2560
Librarian	Marietta Ronnestad oronnestad@msn.com	425-392-5806
Cultural/Sports Medals	Jo Ann Anderson sofariders@aol.com	206-931-1223

Editor's Note

Items of news that you wish to be included in the newsletter are welcome and I will try to accommodate. The next issue will be in March 2018. Please submit your contribution to fosberg@msn.com by March 5th. If you wish to receive the NewSance via e-mail, please send me your e-mail address. E-mail versions will be in pdf format. If you no longer wish to receive the NewSance, contact me: fosberg@msn.com.

Informative Websites

www.CascadeLodge.org – Cascade Lodge's own Web Site

sonsofnorway2.com – District 2 information

sonsofnorwayblog.blogspot.com - Issues related to Norway and Sons of Norway.

January 23rd Program: "Liking to a Viking"

Nathan Salmon will provide an in-depth presentation of medieval Scandinavia and its people, dispelling misconceptions and bringing to light obscure facts. On display will be historically accurate recreations of Viking arms, as well as books on the subject.

Please join us at 6:30 pm for a pasta dishes potluck, the above program and a short business meeting.

[Editor's Note: **Nathan Salmon**, a young Viking from Everett, is proud of his family heritage, growing up with rich stories of the "Conquerors of Old". **Nathan**, a skilled story teller, has sought and learned new information on Viking culture and old weapons.]

February 27th Program – "The Kensington Rune Stone: Medieval Artifact or Hoax"

Ted Fosberg, long-time Cascade Lodge Member, will share the history of the Kensington Rune Stone which was discovered in Western Minnesota in 1898. He will discuss its discovery, studies to assess authenticity, and conclusions drawn. The stone, dated 1362, has sparked much controversy.

Please join us for a hot dish potluck at 6:30 pm, our program, and a short business meeting.

[Editor's Note: **Ted Fosberg**, retired Chemical Engineer, has been active in Sons of Norway since joining in 1974. He has held many offices including International President 2006 – 2008. He is presently Cascade Lodge's Editor, Sports Director, Scholarship Coordinator and Adopt-A-School Coordinator. In retirement, **Ted's** activities include blacksmithing, welding and gardening, and volunteers as a math tutor at a local high school. He and his wife, **Helen**, enjoy baseball and have visited all the major league baseball parks, and Cooperstown.]

Nordic Museum YuleFest

Many lodge members worked hard to decorate the Nordic Heritage Museum for their annual YuleFest. Many others worked during the festival taking tickets, cooking and helping vendors. The turnout was incredible as many wanted to see the festival for its last time at the present location. Watch for the grand opening of the new museum in Ballard this summer.

January Birthdays:

Astri Dominick	1 Jan
Darius Zoroufy	2 Jan
Carl Majeau	5 Jan
Claire Ogilvie	7 Jan
Johan Hopland	8 Jan

February Birthdays:

Noel Nelson	4 Feb
Gay Engelsen	5 Feb
Annalise Fakkema	12 Feb
Dixie Whitehurst	13 Feb
Dee Hoeke	16 Feb
Julia Greeley	26 Feb
Evan Schmidt	26 Feb

Lodge Cookbook

Cascade members would like to create a lodge cookbook. We invite you and your friends and family to participate! Please submit your favorite recipes to Dee Hoeke (email: deehoeke@hotmail.com) or bring them to the next meeting. Scandinavian preferred. We would also like to have a section on favorite lodge meeting recipes. Please send copies of your recipes; please do not send your one and only keepsake originals. If you would like to help with the cookbook, please contact Dee or Eloise. We would like to gather as many recipes as possible before the end of the year.

District 2 Cross Country Ski Race

Harald Haarfager and Leif Erikson Lodges will be co-hosting the Annual District 2 Cross Country Ski Race at Trollhaugen on Saturday, February 3, 2018. The race is a friendly, fun competition open to members of all ages in our District. The race typically attracts 30 to 40 participants ranging in age from 4 to 80+ of all skill levels. Registration starts at 9:30 am, and the race at 11:00 am with lunch and awards following.

The cost is a donation which includes lunch, and awards presented by District 2 Sports Director Susan Kirkeby (509-535-5471).

Looking forward to seeing many Cascade Members at this fun event whether you participate in the race or come to cheer on our skiers! If you wish to stay overnight, call Trollhaugen Lodge at 509-656-9997. For more information contact Ted Fosberg, Cascade's Sports Director, at 206-242-2560.

The Christmas Party - an Event to Remember!

The annual Cascade Lodge Christmas party is always a fun event. This year we added more audience participation in the skits, more dancing and more laughter! Many said this was our best party yet.

Skandia Kappell and Bjarne Jacobson filled the air with lovely traditional and holiday music as attendees sampled the scrumptious treats and visited. Children and adults participated in several different crafts we had set up.

The program started off on a slight note of chaos, as our Santa Lucia girl was home sick with the flu! We quickly recruited a very willing little Elisabeth to carry the main role. Very carefully, I set the Lucia wreath of candles on her head.... and it promptly slid all the way down around her neck to sit on her shoulders! Some quick action by two of our engineers solved the "wardrobe malfunction" and we were off the races! The Santa Lucia program was exceptionally lovely as we invited attendees to participate in many parts of the story.

After a short intermission (my apologies to our musicians as I rushed them a bit), we called for the "running of the mice." Adults and children doffed mouse ears and joined in to decorate the Mouse Christmas Tree followed by dances taught on the spot! It didn't matter if you had danced your whole life or if this was the first time, everyone was welcome. It was so much fun dancing to the live music. We finished with the popular "Chicken Dance" amid much laughter and applause.

Santa Claus quickly arrived with a big bag of treats. In keeping with our lodge tradition, every child was given two treat bags - one to keep and one to give to someone else. The children also helped to deliver treat bags to everyone in the audience. The giving nature of our lodge continued as the extra treat bags were donated to the food bank to bring joy to other people in the community.

Fishermen!

The Nakat Packing Historical Society held their 48th annual Holiday Reunion and Christmas Party December 13th at Ivar's Salmon House on Lake Union. It was a fun event with lots of tall tales and fish stories!

Kalendar:

Jan 23rd, Tue, 6:30p; Cascade Lodge Meeting with potluck at Mercer Island United Methodist Church, 7070 SE 24th, Mercer Island.

Cross Country Ski Race, Sat Feb 3rd at Trollhaugen.

Feb 27th, Tue, 6:30p; Cascade Lodge Meeting with potluck at Mercer Island United Methodist Church, 7070 SE 24th, Mercer Island.

Membership Questions? Please contact Don Post at **425-957-7692** for information about membership, lodge activities, or scholarships.

Marti Brown is Cascade's Sons of Norway Field Staff Representative for Financial Products. **Marti** can be contacted at 253-588-0204(o) or 253-227-4586©, or by email at mbrown@planmembersec.com.

The Scandinavian Hour on Radio

Doug Warne continues to host the popular Scandinavian Hour, Saturday mornings 9:00 to 10:00 am on **KKNW, 1150** on your AM dial.

Cascade Lodge Sons of Norway
Ted Fosberg
2841 SW 172nd Street
Seattle, WA 98166